



WHERE WE ARE

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OFFICE HOURS 8.30am - 4.30pm

How can you be referred to BOWS?

Sisters Inside Staff
Prison Staff
Self Referral

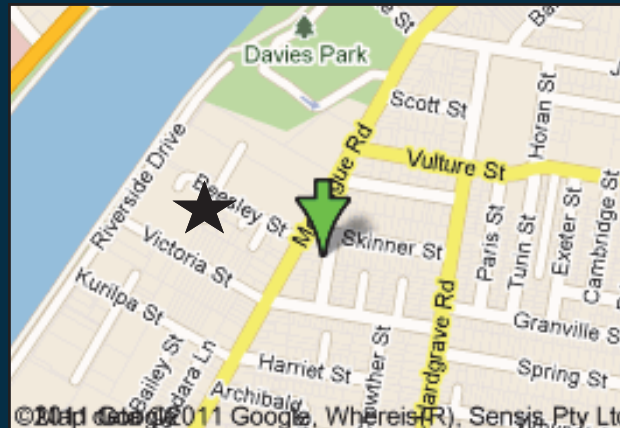
Who is the BOWS Program for?

The BOWS Program is for women who are being release from prison who are primary care givers and their children. BOWS workers provide intensive support for women and their children in rebuilding their lives after the trauma of prison.



PUBLIC TRANSPORT

City Glider from Brisbane CBD; Get off at stop 10 Corner of Victoria and Montague.
Train or Bus to Vulture Street Station



BOWS PROGRAM





Stages of the BOWS Program

There are three stages to the BOWS program:

1. Pre Release

(prior to release from prison)

2. Post Release Intensive Support

(Weeks 1-6)

3. Post Release Minimum Support

(Weeks 7-12)

Stage 1 Pre Release

- Liaise with Department of Child Safety for access visits with children.
- Liaise with area offices for access visits with children. This includes transport & supervision for children to access visits and Friday playgroups in prison, and providing relevant feedback to Area Offices.
- Meet to plan release and develop a pre release case plan.
- Accommodation Referral
- Counselling & Support
- "Living Skills After Prison Workshop" which will include:
 - Finances (Centrelink, budgeting);
 - Children, Parenting, other Family Members;
 - Parole, Home Detention, and Work Release;
 - Transport;
 - Drug and Alcohol; and
 - Employment and Training.

Stage 2 Post-Release Intensive Support

During this stage, a woman can receive assistance with:

- Counselling & Support
- Development of household management skills
- Family mediation
- Individual advocacy
- Outreach support to other family support agencies as required.

Stage 3 Post-Release Minimal Support

- Monitoring and further development of post-release case plan
- Any other activity listed in Stage 2 on a needs basis
- Developing exit plan from program and referral to relevant support agencies.

GOT QUESTIONS?

Please talk to one of our staff if you have any other questions about what is contained in this brochure .



Working with women in Prison since 1992

Sisters Inside Inc. is an independent community organisation, which exists to advocate for the human rights of women in the criminal justice system, and to address gaps in the services available to them.